

# MARY BUE

**Mary Bue** is a songwriter, Nada yogi, traveler, runner, vegan, retreat guide, and teacher based out of Minneapolis, often roaming this beautiful world. Named “Best Songwriter” of 2020 by City Pages, her newest album *The World is Your Lover* - produced by the Suburbs’ Steve Price - is a synthesis of her seven-plus releases, merging pianos and guitars, spiritual longing, and realworld sorrow. Her previous albums achingly express life in melancholy piano-poems, yet in 2015 **Mary** risked a genre switch to aggressive electric guitars, concise lyricism, and a nod to 90’s grunge.

Prolific, lyrical, and sometimes crass, **Mary’s** performances are warm and laced with quirky humor and stories of her adventures (and misadventures). A survivor and advocate, **Mary** is often invited to perform and speak about her healing process surrounding #MeToo of which she pre-dated in her song “*Petty Misdemeanor*” (*The Majesty of Beasts*, 2017).

Not one to bow to popular music trends, **Mary** has stayed true to her own sound, evolving and about to emerge, butterfly-like, with support from her new band collaboration **Mary Bue & the Monarchy** (a nod to the precious pollinator that graces Minnesota summers) feat. Steve Price, Jeremy Ylvisaker, Richard Medek, Shannon Frid-Rubin, Julia Floberg, Molly Maher, and Crystal Meisinger with special album guests Alan Sparhawk (Low), Adam Levy (The Honeydogs) and Stephan Kung (The Suburbs).

In January 2020, **Mary** traveled to Rishikesh, India at the base of the Himalaya (where the Beatles & Donovan studied with Maharishi Mahesh Yogi) to further her yogic studies (certified instructor since 2009). She attended Nada Yoga School to study Nada Yoga – the yoga of sound. Sanskrit mantras, lessons in harmonium, voice, and sitar (which she purchased and brought home, ha!), yoga asana, pranayama, meditation, and purification techniques were practiced to invite a pure vessel for deeper experiencing & creation of sound.

An accomplished recording artist and touring musician, **Mary’s** 8 studio albums manage to capture her electrifying stage presence. **Mary’s** last four albums were 100% fan-funded via Kickstarter. She has been awarded numerous Artist Residencies including The Wurlitzer Foundation in Taos, NM, “Escape to Create” Artist in Residence in Seaside, FL, and the Big Cypress Nature Preserve Artist in Residence in Ochopee, FL. Over many years, 44 states, hundreds of thousands of miles and countless venues from tiny coffee shops to large outdoor festivals, **Mary** has shared the stage with many talented musicians, including Shawn Colvin, Low, Charlie Parr, Erin McKeown, Johnette Napolitano (Concrete Blonde), Emm Gryner, Kathleen Edwards, Marissa Nadler, Rose Polenzani, Jess Klein, Sarah Borges, Mason Jennings, HALEY, Jack Johnson, Vetiver, Cory Chisel, Nicole Atkins, Jeremy Messersmith, Anaïs Mitchell, Audra Kubat, Vandaveer, Chris Bathgate, Chris Trapper and more.

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